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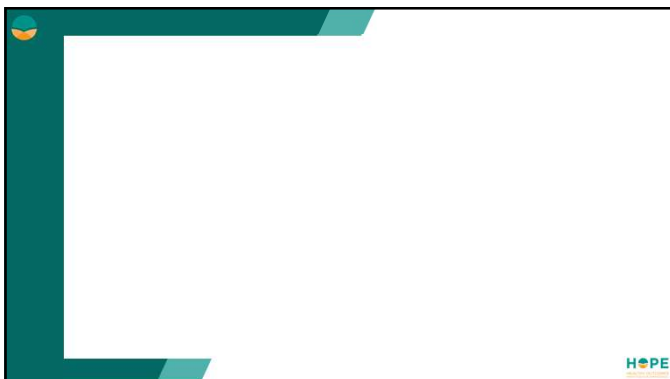
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## Why HOPE Exists

Positive experiences help children grow into more resilient, healthier adults. HOPE aims to better understand and support these key experiences.

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### Developing the Positive Childhood Experiences (PCEs) score

- 2015 population study in Wisconsin
- Part of the BRFSS
- Asked about ACEs
- Asked about Positive Childhood experiences
- Correlated with mental health



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### Positive Childhood Experiences scale questions

*As a child, how often did you ...*

1. Feel able to talk to your family about feelings
2. Feel your family stood by you during difficult times
3. Enjoy participating in community traditions
4. Feel a sense of belonging in high school
5. Feel supported by friends
6. Have at least two non-parent adults who took genuine interest in you
7. Feel safe and protected by an adult in your home



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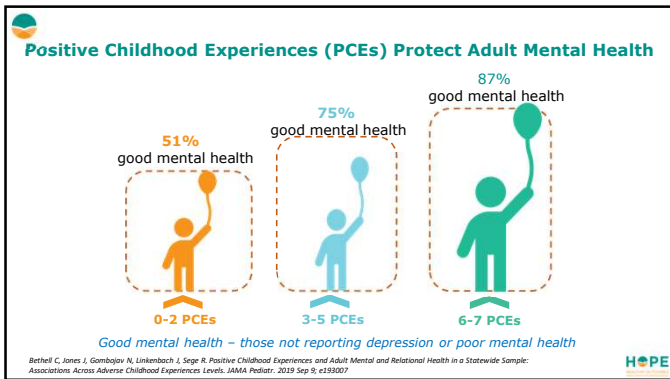
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**ACEs and PCEs**

ACEs	PCEs <b>NEW</b>
<ul style="list-style-type: none"> <li>1998 study of employed people in Southern California</li> <li>Patients answered questions about their childhood</li> <li>Correlated with mental and physical health</li> </ul>	<ul style="list-style-type: none"> <li>2015 population study in Wisconsin</li> <li>Part of the Behavioral Risk Factor Surveillance Survey</li> <li>Asked about ACEs</li> <li>Asked about Positive Childhood Experiences</li> <li>Correlated with mental health</li> </ul>

**HOPE**

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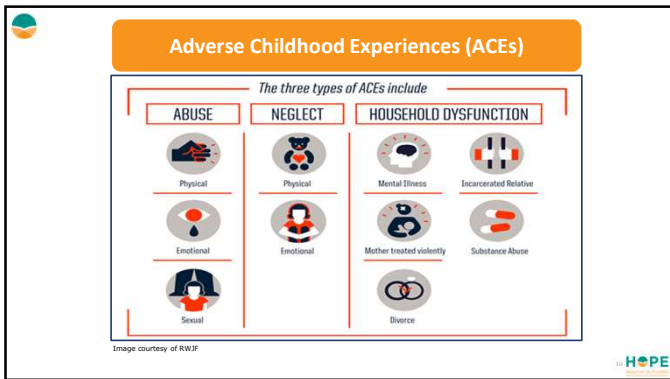
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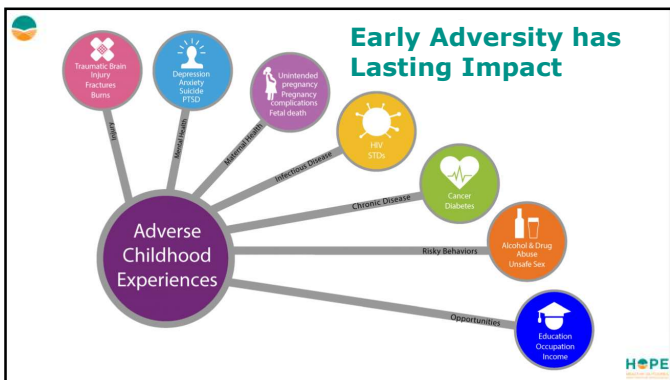
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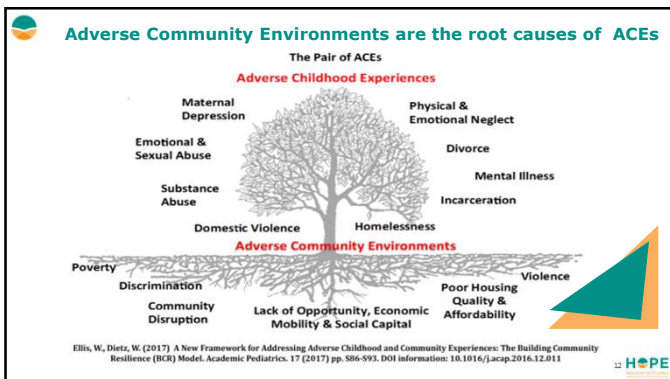
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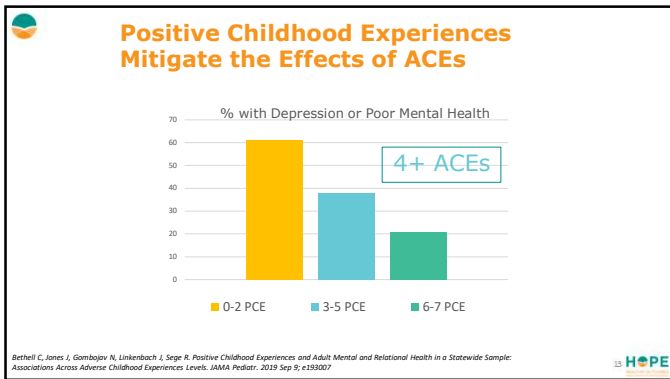
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**Research indicates that the absence of PCEs may be more damaging to long-term health outcomes than the presence of ACEs.**

HOPE

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### The Four Building Blocks of HOPE

- RELATIONSHIPS**: Relationships with other children and with other adults through interpersonal activities.
- ENVIRONMENT**: Safe, equitable, stable environments for living, playing, learning at home and in school.
- ENGAGEMENT**: Social and civic engagement to develop a sense of belonging and connectedness.
- EMOTIONAL GROWTH**: Emotional growth through playing and interacting with peers for self-awareness and self-regulation.

HOPE

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Families let providers know what goes into the buckets!



HOPE

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Access to the Building Blocks



HOPE

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HOPE-Informed Organizations

- Support family strengths & resiliency
- Provide anti-racist & culturally resonant care
- Create and amplify HOPE building blocks
- Practice continuous learning & improvement



HOPE

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**Moments of HOPE**

**Moments of HOPE can occur:**

- In each encounter
- During intake and assessments
- When sharing referrals or community resources
- When creating or revising policies
- When designing programming



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**Bridge to HOPEful practice**

  
**Leadership commitment**

  
**Examination of key policies**

  
**Staff capacity building**

  
**Continuous Quality Improvement**  
 SMART aims  
 Key drivers  
 Participant engagement

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**Bridge to HOPEful practice – Leadership Commitment**

- Change requires assessment of current practice
- Willingness to change
- Goal-setting
- Resources
- Accountability



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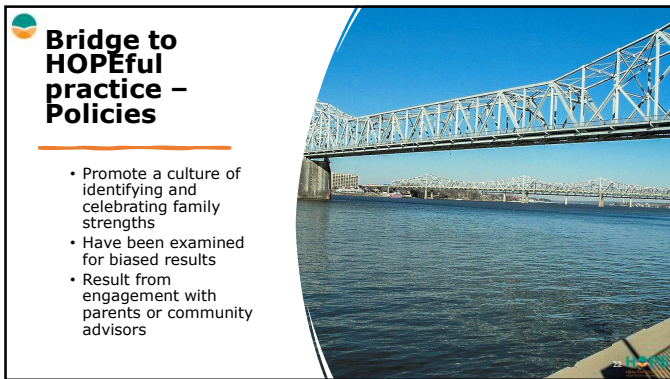
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**Bridge to HOPEful practice – Policies**

- Promote a culture of identifying and celebrating family strengths
- Have been examined for biased results
- Result from engagement with parents or community advisors

The slide features a background image of a large steel truss bridge over a body of water under a clear blue sky. A small logo is in the top left corner.

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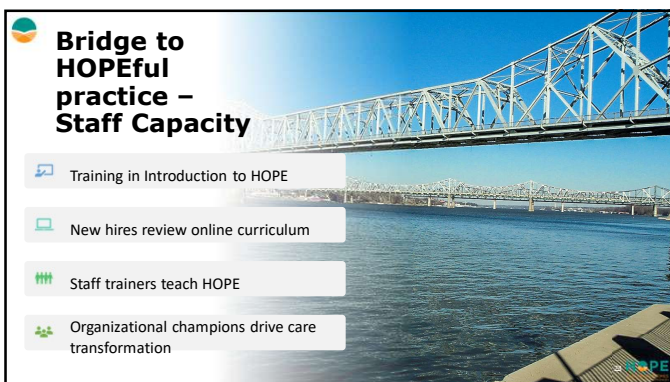
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**Bridge to HOPEful practice – Staff Capacity**

- Training in Introduction to HOPE
- New hires review online curriculum
- Staff trainers teach HOPE
- Organizational champions drive care transformation

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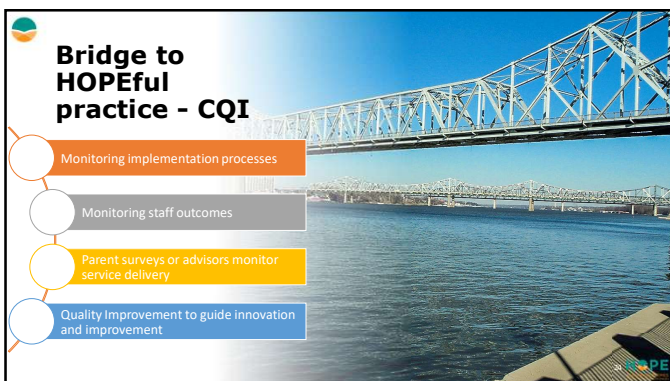
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**Bridge to HOPEful practice - CQI**

- Monitoring implementation processes
- Monitoring staff outcomes
- Parent surveys or advisors monitor service delivery
- Quality Improvement to guide innovation and improvement

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What are you going to do to create HOPE in your organization this month?



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<https://positiveexperience.org/resources/>



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### Join us in the HOPE transformation

<p><b>LEARN</b></p> <ul style="list-style-type: none"> <li>Visit our website</li> <li>Download our material</li> <li>Watch our videos</li> <li>Complete our online modules</li> </ul>	<p><b>SHARE</b></p> <ul style="list-style-type: none"> <li>Tell your colleagues</li> <li>Encourage your agency to sign up for a workshop about implementing HOPE</li> </ul>	<p><b>ACT</b></p> <ul style="list-style-type: none"> <li>Sign up for a Train the Facilitator</li> <li>Use the Anti-racism Toolkit to increase access to the 4 Building Blocks in your community</li> <li>Revise your intake and assessment forms to be HOPE-informed</li> </ul>
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Evaluation Link: <https://forms.gle/f8agsK9LZR9JG1BS6>



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We carry  
our past  
with us...



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HOPE

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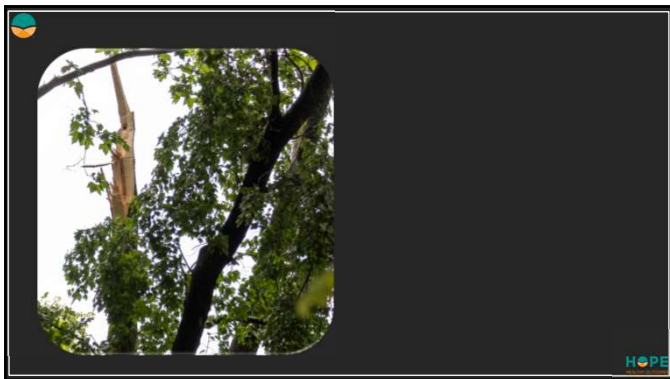
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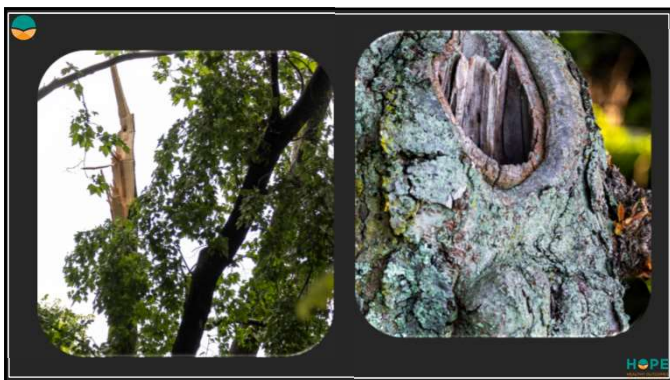
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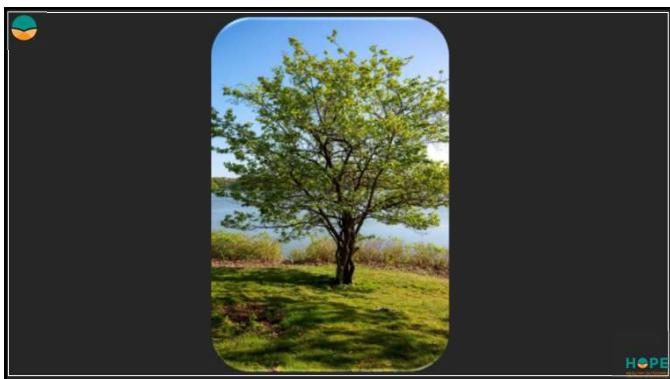
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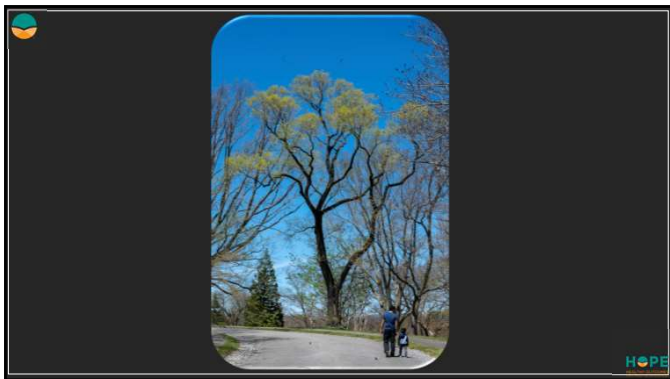
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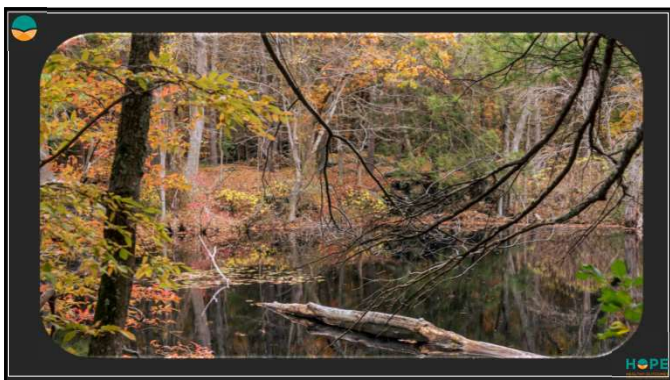
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Spreading **HOPE**



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