

PaRK Meeting on HOPE (Healthy Outcomes from Positive Experiences)

November 3, 2022

Break Out Groups on the HOPE Building Blocks Summary

Note: not all groups got to all questions – this is the start of these conversations!

What practices are you using now to promote this building block in your work?

Relationships:

- Care coordination for families needing services
- focus on professional development of staff and education on relationships will improve relationships among workers and between workers and clients (families);
- child development education to address biases, intersectionality, disparity,
- promote interdisciplinary endeavors,
- mission and vision of agencies should reflect relationship building,
- “lean on me KY” promoting relationships in neighborhood and community

Safe, Stable, Equitable Environments:

- Kentucky Perinatal Quality Collaborative has implemented universal screening for SUD risk for pregnant women to connect them to resources & supports – screening practice is a conversation and is a means to enhance trust between customer & provider
- Kentucky Perinatal Quality Collaborative is looking at enhancing treatment protocols
- SIAC (State Interagency Council) approach through the Social Emotional Health & Well-Being Committee – creating dashboards that

Social & Civic Engagement:

- [“The Port”](#) Youth Center in Henderson County, for youth and young adults ages 16-23 dealing with mental health and/or substance use challenges by reducing barriers to access behavioral health services and support. This has been set up by River Valley Behavioral Health Services.
- Coordinating with Family Resource and Youth Service Centers and Strengthening Families to support things like Parent and Youth Cafes that promote protective factors.

Opportunities for Emotional Growth:

- Schools are starting to see a renewed effort and belief in play
- Focusing on adults and adult behaviors to better support students
- SEL team is promoting information and professional development for teachers to access; morning meetings where adults are getting together to discuss their feelings
- Normalizing for adults and children to name their feelings
- Stop focusing on achievement but focus on basic human skills
- Practice mindfulness breathing

What policies promote this building block in your agency?

Relationships:

- Promoting mental health in schools;
- have positive influence to students;
- FRYSC activities (Jefferson County) students are into a common activity (e.g. learning various cooking representing different countries);
- learning from activities brought to home (families) and shared

Safe, Stable, Equitable Environments:

- Bloom Kentucky as an advocacy entity can really promote the HOPE building blocks
- DPH: strengths-based approach of many programs (Strengthening Families, harm reduction, etc.)
- In education: Culture & Climate audits address these elements in school environments; Impact Kentucky Working Conditions survey provides staff perspective

Social & Civic Engagement:

- Incorporation of a youth representative on the RIAC Councils (New Vista)
- Actively participating in Sources of Strength (New Vista)
- Youth engagement has expanded in other content areas:
 - Kentucky Student Voice Team (Education & Youth Mental Health)
 - Health Ambassadors (Foundation for a Healthy Kentucky & Kentucky Youth Advocates)
 - KDE Commissioner's Student Advisory Council
 - Networking for Kentucky's Youth (DPH – Tobacco prevention and cessation)
 - #I Can End the Trend (UK youth tobacco cessation)

What resources exist in your community to promote this building block?

Relationships:

- Need a resources directory as a resource for everyone.
- BLOOM KY is advocating for many of these elements
- [First Steps resource](#) is a great resource – needs updating
- Could create/expanded DPH childhood services chart to include more than health

Social & Civic Engagement:

- Some MCOs are hiring Social Determinants of Health Outreach Workers, a new approach.
- Numerous foundations across the state are identifying local/regional needs and including more community organizations and individuals with lived experience.
- "The Port" partners with the local YMCA to provide resources and support for center attendees, addressing a holistic approach to health.
- Handle with Care Program (school notification of students who have been exposed to law enforcement response)
- Just Say Yes Campaign in Franklin County (following a model from Iceland – engagement in after-school sport options, providing necessary equipment and supports of student activity; incorporation of structured sit-down dinners with families at least 3/week, etc.).

- University of Kentucky Cooperative Extension Services.
- Strengthening Families' Parent Cafes serves as a social activity to share resources and information. Youth Cafes are in development as well.
- Kentucky Partners for Families & Children is the best kept secret in the state; more promotion and sharing is needed.

What would you like to be able to do in your work, agency or community to promote this more?

Safe, Stable, Equitable Environments:

- SIAC (State Interagency Council) Social Emotional Health & Well-Being Committee dashboards – add protective factors data in addition to risks
- How can we incorporate the HOPE building blocks into people's conceptualization of the Pair of ACEs framework – to connect to Social Determinants of Health & addressing root causes
- How can we increase the percentage/weight of school climate & culture to the overall school accountability "score" – currently it's about 4% but it should carry greater weight and influence

Social & Civic Engagement:

- Decrease the multiple barriers so this work can take hold and grow!
- Coordination of volunteers.
- Increase participation, networking opportunities so HOPE can be generated across the Commonwealth.
- Engage more community organizations and people with lived experience in collaborative approaches.